Dear Student,

Feedback from UWL students has indicated that there are is a variety of study skills that should develop during their studies in order to succeed and feel more confident. To help you out, we have developed this PDP document which will offer you the opportunity to reflect on your skills, help you to successfully complete the module/year/course, and to be well prepared for your future educational and career aspirations. There are many different skills that you can develop to make yourself a more effective learner and increase your success at UWL. In order to create your own PDP, follow the below steps:

• **STEP 1:** Select a ‘Skill Important for Study’
• **STEP 2:** Identify the ‘Personal Development Opportunities’ that can foster this
• **STEP 3:** Outline your PDP Goal

### Step 1: Skills Important for Study
Below there is a list of study skills provided by UWL graduates. Please select up to 3 study skills that you would like to develop. If none of them suits you, please report in Step 3 the study skill you would like to develop.

1. Completing an assignment or a project from start to finish.
2. Finding, analysing and applying information.
3. Managing my workload effectively and handling time pressure.
4. Taking good notes.
5. Having an active Continuing Professional Development Plan.
6. Accurate referencing and avoiding plagiarism
7. Reflecting on my learning.
8. Solving problems and making decisions.
9. Interacting with peers I may not agree with
10. Engaging in discussions (in-person or online).
11. Working collaboratively in pairs or a team.
12. Delivering an effective presentation.
13. Improve my research and/or library skills

### Step 2: Personal Development Opportunities in Your Course

- Academic Writing, Essays
- Lectures and Seminars
- Exams and Assessments
- Group Work and Projects
- Studying and Revising

### Step 3: Outline your PDP Goal

<table>
<thead>
<tr>
<th>Skill #</th>
<th>Description</th>
<th>Writing</th>
<th>Lectures</th>
<th>Assessments</th>
<th>Group Work</th>
<th>Revision</th>
</tr>
</thead>
<tbody>
<tr>
<td>4</td>
<td>Taking good notes</td>
<td>✔️</td>
<td></td>
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</tbody>
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**My PDP Goal:** I want to organise my notes well so that I can find answers easily during revision.

My PDP Goal:

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If you need any help, ask your Lecturer or Personal Tutor or email Academic.Support@uwl.ac.uk. If you wish to improve your academic skills, attend ‘Academic Skills Workshops’; email Academic.Workshops@uwl.ac.uk (Paper adapted from Recipes for Students Success, University of Derby)